

## Community Resources for Chesterfield Probation and Parole District #27

CATEGORY	AGENCY NAME AND ADDRESS	TELEPHONE NUMBER / CONTACT INFORMATION	E-MAIL / WEBSITE ADDRESSES
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<b>Birth Certificate, Death Certificate, Marriage Certificate</b>	Office of Vital Records 2001 Maywill Street, Suite 101 Richmond, Virginia 23230	804-662-6200	<a href="http://www.virginia.gov/vital-records">Office of Vital Records - Vital Records (virginia.gov)</a>
<b>Corrections</b>	Virginia Department of Corrections		<a href="http://www.virginia.gov/corrections">Homepage — Virginia Department of Corrections</a>
	Virginia Department of Juvenile Justice		<a href="http://www.virginia.gov/juvenile-justice">Virginia Department of Juvenile Justice</a>
<b>Crisis/Help</b>	2-1-1 Virginia (local resource hotline)	211 or 1-800-230-6977 or text CONNECT to 247211	<a href="http://www.211Virginia.org">www.211Virginia.org</a>
	Adult Protective Services Hotline	1-888-832-3858	
	Alzheimer's Association	Medical Alert/Safe Return 1-800-625-3780	

	National Sexual Assault Hotline	1-800-656-4673	
	Virginia Department for Aging and Rehabilitative Services		<a href="http://www.Easyaccess.virginia.gov">www.Easyaccess.virginia.gov</a>
	Infant and Toddler Connection of Virginia		<a href="http://www.itcva.online">www.itcva.online</a>
	National Suicide Prevention Line	988	<a href="http://www.988lifeline.org">www.988lifeline.org</a>
	Virginia Mortgage Relief Program		<a href="http://www.virginiamortgagerelief.com">www.virginiamortgagerelief.com</a>
	Legal Aid	1-866-LEGLAID	<a href="http://www.valegaliad.org">www.valegaliad.org</a>
	Eviction Helpline	1-833-NOEVICT	
	Predatory Loan Helpline	866-830-4501	
	Senior Legal Helpline	844-802-5910	
	Statewide Resource Directory		<a href="http://www.Virginianavigator.org">www.Virginianavigator.org</a>
<b>Alcohol/Substance Use</b>	Oxford House	1-800-689-6411	<a href="http://www.oxfordhouse.org">www.oxfordhouse.org</a>

	Al-Anon and Alateen	1-888-4AL-ANON (1-888-425-2666)	<a href="#">Al-Anon Family Groups</a>
	Narcotics Anonymous		<a href="#">About Us (na.org)</a> online meetings: <a href="https://virtual-na.org/">https://virtual-na.org/</a>
	Alcoholics Anonymous		<a href="http://www.aa.org">www.aa.org</a> online meetings: <a href="https://www.12step-online.com/meetings/online-aa-meetings/">https://www.12step-online.com/meetings/online-aa-meetings/</a>
	Addiction Center		<a href="https://www.addictioncenter.com/">https://www.addictioncenter.com/</a>
	VADOC Fentanyl Awareness Video		<a href="https://youtu.be/MWH-1hc0-x8">https://youtu.be/MWH-1hc0-x8</a>
<b>Benefits Programs</b>	Virginia Department of Social Services (VDSS)	Apply for SNAP, TANF, EAP and Medical Assistance by calling at 855-635-4370	Apply online for benefits at <a href="https://commonhelp.virginia.gov/access/">https://commonhelp.virginia.gov/access/</a>  You may review program regulations and manuals online at <a href="http://www.dss.virginia.gov">www.dss.virginia.gov</a>
		Apply for Medical Assistance only by calling 855-242-8282	Print a copy of the application off the internet for medical assistance at <a href="http://www.coverva.org">www.coverva.org</a>

		Get an application during office hours at your local Department of Social Services	Print a copy of the application off the internet at <a href="http://www.dss.virginia.gov/">http://www.dss.virginia.gov/</a>
	Virginia Health Care Foundation		<a href="http://vhcf.org">Virginia Health Care Foundation (vhcf.org)</a>
<b>Behavioral Health</b>	Department of Behavioral Health and Developmental Services		<a href="http://dbhds.virginia.gov/community-services-boards-csbs/">dbhds.virginia.gov/community-services-boards-csbs/</a>
	Office of Child and Family Services		<a href="http://ocfs.virginia.gov">Office of Child and Family Services - Virginia Department of Behavioral Health and Developmental Services</a>
<b>Employment Assistance</b>	Virginia Employment Commission (VEC)	VEC Central Office 1-866-832-2363  For TTY* Callers: Virginia Relay, Call 711 or 800-828-1140	<a href="https://www.vec.virginia.gov">https://www.vec.virginia.gov</a>  Job Openings  <a href="https://www.vec.virginia.gov/find-a-job/state-job-openings">https://www.vec.virginia.gov/find-a-job/state-job-openings</a>  Upcoming Job Fairs  <a href="https://www.vec.virginia.gov/find-a-job/job-fairs">https://www.vec.virginia.gov/find-a-job/job-fairs</a>  A Quick Guide to Relief Programs  <a href="https://www.vec.virginia.gov/relief-programs">https://www.vec.virginia.gov/relief-programs</a>  For Veteran Services

			<a href="mailto:veteran.services@vec.virginia.gov">veteran.services@vec.virginia.gov</a>
	Virginia Career Works Center	804-652-3490	<a href="https://virginiacareerworks.com/find-your-career-center/">https://virginiacareerworks.com/find-your-career-center/</a> <a href="https://vcwcapital.com/">https://vcwcapital.com/</a>
	Honest Jobs		<a href="https://www.honestjobs.com/for-job-seekers">https://www.honestjobs.com/for-job-seekers</a>
<b>Education</b>	Virginia's Community Colleges		<a href="#">Virginia's Community Colleges   Affordable Degrees, Certificates, Career Training (vccs.edu)</a> <a href="#">Justice Impacted Individuals   Credits2Careers</a>
	Virginia Department of Education	800-292-3820	<a href="#">Virginia Department of Education   Home</a>
<b>Environmental</b>	Virginia Department of Environmental Quality	1-804-698-4000	<a href="http://www.deq.virginia.gov">www.deq.virginia.gov</a>
<b>Emergency Management</b>	Virginia Department of Emergency Management	804-897-6500	<a href="https://www.vaemergency.gov">https://www.vaemergency.gov</a>
<b>Health</b>	Virginia Department of Health P.O. Box 2448 Richmond, Virginia 23218-2448 109 Governor Street Richmond, Virginia 23219		<a href="#">Home - Virginia Department of Health</a> <a href="#">Health Department Locator - LHD Locator (virginia.gov)</a>

	Virginia Association of Free Clinics		<a href="http://vafreeclinics.org">Free Clinics in Virginia (vafreeclinics.org)</a>
<b>Housing</b>	Oxford House (Recovery house program)		<a href="http://vaoxfordhouse.org">Oxford Houses of Virginia » Oxford Houses of Virginia (vaoxfordhouse.org)</a>
	Virginia Association of Recovery Residences (VARR)		<a href="http://varronline.org">Accredited Residencies for Recovery Housing   VARR - Virginia Association of Recovery Residences (varronline.org)</a>
	Virginia Housing Alliance		<a href="mailto:vha@vahousingalliance.org">vha@vahousingalliance.org</a>
	Department of Housing & Community Development		<a href="https://www.dchd.virginia.gov">https://www.dchd.virginia.gov</a>
	HUD Exchange Continuum of Care (CoC) Program		<a href="http://www.hudexchange.info/programs/coc">www.hudexchange.info/programs/coc</a> <a href="http://www.hudexchange.info/contact-us">www.hudexchange.info/contact-us</a>
	The Salvation Army <ul style="list-style-type: none"> <li>• Rent and utility assistance</li> <li>• Homeless shelters</li> </ul>	1-800-SAL-ARMY	<a href="http://www.salvationarmyusa.org">www.salvationarmyusa.org</a>
<b>Scholarships</b>	LendEDU		<a href="#">Scholarships for Felons   LendEDU</a>

<b>Veteran Services</b>	National Suicide and Veteran Crisis Prevention Lifeline	1-800-273-8255	
	Veteran Crisis Line	1-800-273-8255 Ext. 1	
	Virginia Department of Veterans Services		<a href="#">Virginia Department of Veterans Services</a>
	US Department of Veterans Affairs		<a href="#">VA.gov Home   Veterans Affairs</a>
<b>Medication Assisted Treatment (MAT)</b>	Substance Abuse and Mental Health Services Administration (SAMHSA)	SAMHSA National Helpline 1-800-662-HELP	<a href="https://findtreatment.samhsa.gov/">https://findtreatment.samhsa.gov/</a>
	VADOC MAT Program		<a href="https://www.youtube.com/watch?v=tZM-gaTDkV0">https://www.youtube.com/watch?v=tZM-gaTDkV0</a>
<b>Social Security Card</b>	Social Security Administration		<a href="https://www.ssa.gov/">https://www.ssa.gov/</a>
<b>State ID or Driver's License</b>	Virginia Department of Motor Vehicles		<a href="https://www.dmv.virginia.gov/#/">https://www.dmv.virginia.gov/#/</a>
<b>Reentry Success</b>	Fair Shake		<a href="https://www.fairshake.net/">https://www.fairshake.net/</a>
	VADOC Reentry Video		<a href="https://www.youtube.com/watch?v=PQ4qktFme7w">https://www.youtube.com/watch?v=PQ4qktFme7w</a>

	VADOC Reentry Resource Packet		<a href="https://www.vadoc.virginia.gov/media/1510/reentry-resource-packet-2023.pdf">https://www.vadoc.virginia.gov/media/1510/reentry-resource-packet-2023.pdf</a>
<b>Transportation</b>	Department of Transportation		<a href="http://viriniadot.org">viriniadot.org</a>
	TPHMS. LLC Medicaid Transport	804-618-1849	<a href="https://turning-point-mental-health-services-llc.ueniweb.com/team">https://turning-point-mental-health-services-llc.ueniweb.com/team</a>
<b>Taxation</b>	Department of Taxation	1-804-367-8031	<a href="https://www.tax.virginia.gov">https://www.tax.virginia.gov</a>
<b>Peer Recovery Services</b>	VADOC Peer Recovery Specialist Initiative		<a href="https://www.youtube.com/watch?v=1CaTMYW6zGg">https://www.youtube.com/watch?v=1CaTMYW6zGg</a>
<b>Restoration of Rights</b>	Secretary of the Commonwealth's Office	804-692-0104	<a href="https://www.restore.virginia.gov/">https://www.restore.virginia.gov/</a>
<b>Free Cell Phones</b>	Assurance Wireless		<a href="#">The Affordable Connectivity Program (ACP) - BetterSIM</a>
	Genmobile		<a href="https://acp.genmobile.com/">https://acp.genmobile.com/</a>
	Safelink		<a href="https://www.safelinkwireless.com/">https://www.safelinkwireless.com/</a>

## LOCAL RESOURCES



<b>Division of Child Support Enforcement</b>	Central Virginia	804-662-7400	<a href="https://mychildsupport.dss.virginia.gov/">https://mychildsupport.dss.virginia.gov/</a>  <a href="https://www.dss.virginia.gov/family/dcse/">https://www.dss.virginia.gov/family/dcse/</a>
	Family Engagement Team	1-540-569-4990	<a href="https://mychildsupport.dss.virginia.gov">https://mychildsupport.dss.virginia.gov</a> or <a href="http://www.dss.virginia.gov">www.dss.virginia.gov</a>
<b>Clothing Services</b>	Mercy Mall Free Boutique Needs by appointment only	804-728-2928	<a href="https://mercymallva.org/">https://mercymallva.org/</a>
	Dress for Success (Women)	804-243-3034	<a href="https://docs.google.com/forms/d/e/1FAIpQLSc5GEmmg_a2JHA3_OnYvg69yh5H47iF3AJ6UgTiCwIMDWwcr/g/viewform">https://docs.google.com/forms/d/e/1FAIpQLSc5GEmmg_a2JHA3_OnYvg69yh5H47iF3AJ6UgTiCwIMDWwcr/g/viewform</a>
	A Place of Miracles Clothes Cottage	804-293-0201	<a href="https://www.apomcafe.com/">https://www.apomcafe.com/</a>
<b>Department of Social Services</b>	Chesterfield/Coloni al Heights DSS	804-748-1100	<a href="https://www.chesterfield.gov/569/Social-Services">https://www.chesterfield.gov/569/Social-Services</a>
<b>Domestic Violence Resource Center</b>	7000 Lucy Corr Blvd. Second Floor, Rm 2008 Chesterfield, VA 23832	804-748-1600	<a href="https://www.chesterfield.gov/222/Domestic-and-Sexual-Violence-Resource-Ce">https://www.chesterfield.gov/222/Domestic-and-Sexual-Violence-Resource-Ce</a>

	James House 24 Hour Hotline  (Domestic Violence & Sexual Assault)  6610 Commons Drive, Suite C Prince George, VA 23875	HELPLINE@THEJAMESHOUSE.O RG  BUSINESS OFFICE: 804-458-2704  24/7 HOTLINE: 804-458-2840	<a href="https://www.thejameshouse.org/">https://www.thejameshouse.org/</a>
<b>Domestic Violence (Program)</b>	Frank Manners	804-672-8390	<a href="mailto:fdmanners@gmail.com">fdmanners@gmail.com</a>
	The Halo Healing Center	804-773-3888	<a href="mailto:info@hhcva.org">info@hhcva.org</a> or <a href="https://halohealingcenter.org/">https://halohealingcenter.org/</a>
<b>Driver's License / ID  Programs</b>	DMV  Chester  12100 Branders Creek Drive   Chesterfield  610 Johnston Willis Dr.	804-497-7100  TTY Callers: 711 or (800) 828-1120 (Virginia Relay)	<a href="https://www.dmv.virginia.gov/">https://www.dmv.virginia.gov/</a>
	Drive to Work	804-358-6727	<a href="https://www.drivetowork.org/">https://www.drivetowork.org/</a>

	(Restoring Driving Privileges) 4625 W. Broad St. Richmond, VA 23230		<a href="mailto:info@drivetowork.org">info@drivetowork.org</a>
	Drive Smart 720 Moorefield Park Dr. Suite 201 Richmond, VA 23236	804-323-3200	<a href="https://www.drivesmartva.org/">https://www.drivesmartva.org/</a>  <a href="mailto:info@drivesmartva.org">info@drivesmartva.org</a>
<b>Disability</b>	Mindset	804-390-8537	Will assist in seeing if you qualify for benefits
<b>Education</b>	Adult Continuing Education	804-748-1405	<a href="https://oneccps.org/adult-continuing-education/">https://oneccps.org/adult-continuing-education/</a>
	Brightpoint Community College	804-796-4000 Or 804-706-5167	<a href="https://www.brightpoint.edu/">https://www.brightpoint.edu/</a>  <a href="mailto:ajimeno@brightpoint.edu">ajimeno@brightpoint.edu</a> .
	Community College Workforce	804-706-5175 Or 804-523-5618	<a href="https://ccwatraining.org/">https://ccwatraining.org/</a>  <a href="mailto:ltyson@ccwa.vccs.edu">ltyson@ccwa.vccs.edu</a>
<b>Family Reunification</b>	Assisting Families of Inmates (AFOI)	804-643-2401	<a href="https://afoi.org/">https://afoi.org/</a>

	220 Hull St. Suite 100, Richmond, VA 23224		
	A Better Day Than Yesterday Initiative Program P. O. Box 7629 Henrico, Va.23231	804-299-1932	<a href="https://www.abetterdaythanyesterday.org/">https://www.abetterdaythanyesterday.org/</a>
<b>Food Assistance</b>	Chesterfield Food Bank 12211 Iron Bridge Road Chester, VA 23831	(804) 414-8885	<a href="https://www.cfboc.org/">https://www.cfboc.org/</a>
	CCHASM 4317 School St. Chester, VA 23831	804-796-2749	<a href="https://cchasm.org/">https://cchasm.org/</a>
	Colonial Heights Food Pantry 530 Southpark Blvd. Colonial Heights 23834	804-520-7117	<a href="https://www.chfoodpantry.org/">https://www.chfoodpantry.org/</a>
<b>Housing Services (Outside of Chesterfield)</b>	Homeless Crisis Line	(804) 972-0813	

	Homeward 9211 Forest Hill Ave. Suite 110 Richmond, VA	804-343-2045 ext. 14	<a href="https://www.homewardva.org/">https://www.homewardva.org/</a>
	Housing Families First	804-236-5800	<a href="https://housingfamiliesfirst.org/">https://housingfamiliesfirst.org/</a>
<b>Mental Health Support</b>	Chesterfield Mental Health Support Services	804-748-1227	<a href="https://www.chesterfield.gov/878/Mental-Health-Support-Services">https://www.chesterfield.gov/878/Mental-Health-Support-Services</a>
	Greater Reach Community Service Board (CSB) 3660 Boulevard Colonial Heights Or 20 West Bank St. Petersburg VA	804-520-7210 Or 804-862-8002	<a href="https://www.grcsb.org/">https://www.grcsb.org/</a>
	Empowering You for A Positive Change	804-789-1314	<a href="https://ey4pc.com/">https://ey4pc.com/</a>
	EMS of Virginia 707 N. Courthouse Rd. Chesterfield, VA	804-332-5696	<a href="https://emsofvirginia.com/">https://emsofvirginia.com/</a>  <a href="mailto:info@emsofvirginia.com">info@emsofvirginia.com</a>

	Virginia Departmentfor Aging and Rehabilitative Services (DARS)	804-714-2021	<a href="https://www.dars.virginia.gov/#gsc.tab=0">https://www.dars.virginia.gov/#gsc.tab=0</a>
<b>Medicated Assisted Treatment Providers (MAT)</b>	Brightview 5001 West Village Green Dr. Midlothian, VA Monday – Friday 8a-5p	888-502-4571	<a href="https://www.brightviewhealth.com/locations/midlothian-addiction-treatment-center/">https://www.brightviewhealth.com/locations/midlothian-addiction-treatment-center/</a>
	Foundation Medical Group 1807 Huguenot Rd. Suite 117 Midlothian, VA	804-506-0526	<a href="https://foundationmedicalgroup.org/virginia-home-page/">https://foundationmedicalgroup.org/virginia-home-page/</a>  <a href="mailto:info@foundationmedicalgroup.org">info@foundationmedicalgroup.org</a>
	Groups Recover Together 310 Turner Rd. Suite D-H, Richmond, VA 23225	540-202-2554	<a href="https://joininggroups.com/">https://joininggroups.com/</a>
	Master Center 2505 Pocoshock Pl. Suite 101	Admission & General Information 804-332-5950 804-571-7843	<a href="https://mastercenter.com/">https://mastercenter.com/</a>  <a href="mailto:info@mastercenter.com">info@mastercenter.com</a>

	Richmond, VA 23235		
<b>OAR of Richmond</b>	3111 W. Clay Street Richmond, VA Monday-Thursday 8:30a-4:30p Friday - Closed	804-643-2746	<a href="https://www.oarric.org/">https://www.oarric.org/</a>  <a href="mailto:INFO@OARRIC.ORG">INFO@OARRIC.ORG</a>
<b>Parenting</b>	Circle of Parents Families Forward	Call or Text to Register 240-741-7978	Email circlrforreturningcitizens@gmail.com
<b>Sober Living Houses / Recovery Programs</b>	The Healing Place- CARITAS 700 Dinwiddie Avenue Richmond, VA 23224	Men's Program Manager Ray Porter at (804) 887-1580 or <a href="mailto:rporter@caritasva.org">rporter@caritasva.org</a> . Or Women's Program Manager Anna Murphy at (804) 401-8671	<a href="https://www.caritasva.org/programs/healing-place/">https://www.caritasva.org/programs/healing-place/</a>
	McShin Foundation	804-249-1845	<a href="https://mcshin.org/">https://mcshin.org/</a>
	True Recovery	Burnic Sprouse 804-664-3438	<a href="https://www.facebook.com/truecoveryrva">https://www.facebook.com/truecoveryrva</a>
	War Foundation		<a href="http://www.thewarfoundation.org">http://www.thewarfoundation.org</a>
	Real Life	804-406-4111	<a href="https://reallifeprogram.org/">https://reallifeprogram.org/</a>

	Oxford House		<a href="http://www.vaoxfordhouse.org">www.vaoxfordhouse.org</a>
	Ironbridge Recovery	844-257-4419	<a href="https://ironbridgerecovery.com/">https://ironbridgerecovery.com/</a>
	Sobrius	888-596-6514	<a href="https://sobrius.health/">https://sobrius.health/</a>
<b>Trauma Recovery Center</b>	Robin's Hope 9513 Hull St. Rd Suite A Chesterfield, VA	804-608-9389	<a href="https://robinshope.com/">https://robinshope.com/</a>  <a href="mailto:info@robinshope.com">info@robinshope.com</a>
<b>Veteran Services</b>	Focused Outreach Richmond 400 Commerce Rd, Richmond, VA 23224	804-419-4184	<a href="https://focusedoutreachrichmond.org/">https://focusedoutreachrichmond.org/</a>
	Veteran Justice Outreach	804-225-4734	<a href="https://www.va.gov/homeless/vjo.asp">https://www.va.gov/homeless/vjo.asp</a>
	National Homeless Veteran Hotline	1-877-424-3838	
<b>Women &amp; Children (Resources)</b>	Motivate Clinic	804-628-6777	<a href="https://www.vcuhealth.org/services/womens-health/our-services/substance-use-disorder-treatment/">https://www.vcuhealth.org/services/womens-health/our-services/substance-use-disorder-treatment/</a>
	YWCA	804-612-6126	<a href="https://ywcarichmond.org/">https://ywcarichmond.org/</a>
	Beauty for Ashes	855-446-7382	<a href="https://teenchallengeusa.org/centers/tcva303/">https://teenchallengeusa.org/centers/tcva303/</a>



	McShin (Destiny House)	804-249-1845	<a href="https://mcshin.org/">https://mcshin.org/</a>
<b>Chesterfield Re-Entry Council Meeting</b>	Chesterfield Central Library 7051 Lucy Corr Blvd, Chesterfield, VA 23832	Meetings are conducted in person every other month - 3 <sup>rd</sup> Tuesday of the month from 2p-4p.	<a href="mailto:Leslie.Calder@vadoc.virginia.gov">Leslie.Calder@vadoc.virginia.gov</a>
<b>Corrections Probation &amp; Parole</b>	Chesterfield Probation and Parole Office (D-27) 6910 Courthouse Road Chesterfield, VA 23832 Intake Hours: Monday-Friday 9:00 a.m. -11:30 a.m. 1:00 p.m. - 3:00 p.m.	Main Number (804) 796-4225 Fax Number (804) 796-4007	<a href="https://vadoc.virginia.gov/facilities-and-offices/">https://vadoc.virginia.gov/facilities-and-offices/</a>
<b>Corrections Probation &amp; Parole</b>	Chesterfield Community Corrections Pretrial Services & Local Probation 10111 Krause Road Chesterfield, VA 23832	Main Number (804) 318-8220 Fax Number (804) 717-2275	Serving Colonial Heights and Chesterfield County

## Medicaid Coverage Guidance



### **Aetna Better Health of Virginia**

**1-800-279-1878**

TTY: 711

[AetnaBetterHealth.com/Virginia](https://www.AetnaBetterHealth.com/Virginia)

#### **Adult vision and hearing**

- 1 eye exam, \$125 for glasses or contacts per year
- 1 hearing exam, \$1,500 for hearing aids, 60 batteries per year

#### **Healthy moms and kids**

- 300 free diapers, virtual baby showers, portable cribs, \$25 monthly for mom and baby
- Free swim lessons, sports physicals
- 24/7 lactation and doula support
- \$20 monthly for period products
- \$200 for youth activities and sports

#### **Phone and online tools**

- Free smartphone, with unlimited minutes, text, and 5 GB data

**Wellness programs**

- Weight management program
- \$50 monthly for groceries for members who qualify (\$600 per year)

**Other benefits**

- 15 free round-trip rides per year
  - 14 meals after hospital stay
  - GED certificate incentive, plus extra \$500 for higher ed, trade, or military
  - Free mattress cover, pillowcase and \$150-\$400 per year for carpet cleaning for asthma
  - \$250 for ESL classes
  - \$300 for legal supports
- 

***Anthem HealthKeepers Plus***

**1-800-901-0020**

TTY: 711

[anthem.com/vamedicaid](https://anthem.com/vamedicaid)

**Adult vision and hearing**

- 1 eye exam, up to \$200 for glasses or contacts per year
- Adult hearing exam, \$2,000 for hearing aids, 60 batteries per year

**Healthy moms and kids**

- Up to \$300 gift card for baby items (diapers, car seat, and more)
- \$100 gift card for youth club membership
- \$35 Barnes & Noble card for books
- \$400 for period products

**Phone and online tools**

- Free smartphone, with unlimited minutes, text, and data

**Wellness programs**

- \$120 for Weight Watchers (WW)®

- 24/7 doctor video visits
- \$400 healthy grocery gift card
- Mental health programs

#### **Other benefits**

- 24 round-trip non-medical rides
  - 56 meals after hospital stay
  - \$120 in GED testing vouchers
  - 2 items from Healthy Lifestyle Aids catalog (BP cuff, scale, reacher, etc.)
  - 1 item from Asthma/COPD Catalog
  - \$400 for over-the-counter supplies
  - \$100 for employment support
- 

## **Humana Healthy Horizons in Virginia**

**1-844-881-4482**

TTY: 711

[humana.com/HealthyVirginia](http://humana.com/HealthyVirginia)

#### **Adult vision and hearing**

- 1 eye exam, up to \$150 for glasses or contacts per year
- 1 hearing exam per year, hearing aids every 3 years, 60 batteries per year

#### **Healthy moms and kids**

- Up to \$125 in maternal care rewards
- Convertible car seat or portable crib
- 4 boxes of produce for pregnant moms
- \$160 per year for childcare
- \$250 for youth activities
- Free yearly sports physicals
- \$40 for haircuts for kids, ages 5-20

#### **Phone and online tools**

- Free smartphone with unlimited minutes, text, 10 GB data monthly

- 24/7 doctor video visits
- Echo Dot® for dementia support

**Wellness programs**

- Weight management and financial coaching

**Other benefits**

- Up to \$95 for health plan onboarding activities
  - \$65 per quarter for OTC supplies
  - 30 free round-trip rides per year
  - Up to 56 meals delivered to home after hospital stay
  - Virtual GED test prep assistance
  - Fall prevention kit
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## **Sentara Community Plan**

**1-800-881-2166**

TTY: 711

[sentarahealthplans.com](https://sentarahealthplans.com)

**Adult vision and hearing**

- 1 eye exam, \$100 for frames per year
- 1 hearing exam, fitting, and up to \$2,000 for hearing aids per year

**Healthy moms and kids**

- 400 free diapers
- Grocery card for pregnant moms
- Free yearly sports physicals
- \$20 quarterly for period products
- Free baby monitor, sleep sack, or pack-n-play (restrictions apply)

**Phone and online tools**

- Up to \$25 for iPad or tablet cover (restrictions apply)

**Wellness programs**

- Up to \$50 wellness rewards
- Weight management

**Other benefits**

- 24 free round-trip non-medical rides
  - 56 meals after hospital stay
  - Up to \$275 for GED prep, test
  - Up to \$75 for college application help (restrictions apply)
  - Free mattress cover, pillowcase for asthma and COPD
  - \$30 quarterly for adult incontinence products
  - 24 free round-trip rides for LTSS caregivers (restrictions apply)
- 

**United Healthcare**

**1-844-752-9434**

TTY: 711

[uhccp.com/virginia](http://uhccp.com/virginia)

**Adult vision and hearing**

- 1 eye exam per year, glasses 2 years

**Healthy moms and kids**

- Up to \$100 in maternal health rewards
- Up to 500 free diapers for new moms
- Meals sent home after delivery
- Free period underwear
- Up to \$100 vaccine incentives at Footlocker® or Walmart® up to age 18
- Free Boys & Girls Club membership
- Free yearly sports physicals

**Phone and online tools**

- Low-cost smartphone with 3000 mins, unlimited texts, 4.5 GB data monthly

- Self Care® app for mental health
- 24/7 doctor video visits

**Wellness programs**

- Free gym membership to 300+ gyms & YMCAs; free virtual fitness options
- 13 Weight Watchers (WW)® vouchers
- Up to \$50 healthy rewards

**Other benefits**

- 12 free round-trip rides to places of worship, grocery, DMV, DSS, library
- 14 meals after hospital stay
- Unlimited support to get GED, ages 18+
- Housing application reimbursement
- Mattress cover & pillowcase for asthma